



Professional Trainings

Journey Center for Safety and Healing provides services that foster safety and healing to those affected by child abuse and domestic violence; and prevents abuse through education, advocacy, and systemic change.

We envision a community where safety and well-being are achieved by empowering people to find a path toward healthy, thriving relationships.

Journey Center for Safety and Healing (Journey Center) provides Professional Training on a variety of topics throughout Cuyahoga Country. As an agency, we are your source for continuing education in the areas of Domestic Violence, Dating Violence, Child Abuse, and other related topics.

Journey Center believes that expanding knowledge in these issues is critical to providing effective support, intervention, and resources to families experiencing trauma and violence. We provide education and training as a means to ensure professionals and the community are prepared to address abuse and trauma. We are able to offer trainings at Journey Center's administrative office, on-site at your agency, or conduct trainings via webinar/online. Journey can provide Continuing Education Credits (CEUs) for social workers and counselors.

Professional Training

Barriers and Challenges for Black Women Experiencing Domestic Violence

1.5 Hour Training

This training will discuss the basics of domestic violence with a specific focus on barriers and challenges Black women experience. We will talk about the importance of understanding cultural nuances and intersections of a Black survivor while recognizing their lived experience.

Child Abuse: Know How to Respond

1 Hour Training

This training is designed for individuals who interact with children. The training will provide a statistical overview of maltreatment and review the forms of maltreatment. It will also cover best practices in responding to disclosures and making the report to the appropriate agency.

Child Abuse: Know the Signs

1 Hour Training

This training is designed for individuals who interact with children. The training will provide a statistical overview of maltreatment, define the forms of maltreatment and possible indicators of abuse.

Domestic Violence – History of the Movement to “What’s Trending”?

1-1.5 Hour Training

This training will look back at the history of domestic violence and the movement. We will discuss where the movement is at and where we are headed including discussing “trending” topics and phrases in the world of domestic violence.

Domestic Violence 101

1 Hour Training

This training is designed for professionals and community members who want to learn the basics of domestic violence. We define the legal and social definition of domestic violence while looking at the types of abuse abusers use to gain power and control over their victims and look to understand the dynamics of "the cycle of abuse."

Domestic Violence: How to Help

1 Hour Training

This training is designed for friends/family of those impacted by DV. During this training we will talk about helpful and harmful ways to intervene, helpful and harmful things to say to a loved one, and discuss basic dynamics of domestic violence including why victims stay in unhealthy or abusive relationships.

Domestic Violence Advocacy

1.5 Hour Training

This training is designed for individuals to take away an understanding of what domestic violence is and is not. Attendees will know how to define domestic violence, types of abuse, and what the cycle of violence is. Attendees will know how to respond to someone who may be experiencing an unhealthy or abusive relationship.

Domestic Violence Dynamics and Lethality Factors

1.5 Hour Training

This training is designed for individuals to take away an understanding of what domestic violence is and is not. Attendees will know how to define domestic violence, types of abuse, and what the cycle of violence is. Attendees will know how to respond to someone who may be experiencing an unhealthy or abusive relationship and be able to identify lethality factors of someone experiencing domestic violence.

Domestic Violence & Technology

1.5 Hour Training

This training looks at current trends in technology and the impact it has on survivors/victims of domestic violence. In this training we will take an in-depth look at Digital Abuse, how abusers misuse technology, and how to safety plan online and with technology.

Dynamics of Domestic Violence

1.5 & 3 Hour Training

This training is designed for individuals to take away an understanding of what domestic violence is and is not. Attendees will know how to define domestic violence, types of abuse, and what the cycle of violence is. Attendees will know how to respond to someone who may be experiencing an unhealthy or abusive relationship.

Dynamics of Domestic & Family Violence

1.5 Hour Training

This training is designed for professionals working with families that have been impacted by domestic violence. The training provide information on the impact of domestic violence on a family unit including a focus on intergenerational trauma. We will discuss the impact domestic violence has on families and children including resiliency factors and trauma responses.

Dynamics of Abusers & Victims

3 Hour Training

This training is designed for professionals to take a deeper look at male perpetrators of domestic violence and victims. We look at the research of different types of abusers and their characteristics and the reasons why someone experiencing domestic violence may stay in an abusive relationship.

Human Resources Supporting Survivors

3 Hour Training

This training is designed for human resource and business professionals. In this training attendees learn tools to assist employees who may be in unhealthy or abusive situations; these tools are an important part of building and maintaining safe, healthy work environments. Professionals will learn to identify red flags and warning signs while offering appropriate responses, services, and referrals.

Immigrant-Latina Survivors

1 Hour Training

This training will discuss the basics of domestic violence with a specific focus on barriers and challenges in the Latina/e/x community. We will talk about the importance of cultural humility and recognizing each survivor's personal intersections and lived experience with a focus on barriers to services and cultural influences.

Intimate Partner Stalking

1.5 Hour Training

This training will look at the connection between domestic violence and stalking. We will define both the legal and social definitions of each. We will discuss safety strategies, ways to assist someone experiencing stalking, and safety strategies through the context of domestic violence.

LGBT+ Survivors

1.5 Hour Training

This training will discuss the basics of domestic violence with a specific focus on barriers and challenges those in the LGBT+ community may face. We will talk about the importance of cultural humility and recognizing each survivor's personal intersections and lived experience.

Navigating the Legal System

3 Hour Training

This training is designed for professionals working with survivors who are navigating the legal system. In this training we take a deeper look at the civil and criminal process that survivors experience as a way to gain an understanding and awareness of the process victims must navigate when filing for a protection order.

Safety Planning with Survivors

1.5 & 3 Hour Training

This training is designed for individuals and professionals to understand the importance of safety planning with those experiencing domestic violence. Attendees will know the importance of an individualized safety planning that includes safety for individuals in staying in their relationships, those who are unsure, and those that are leaving. They will know and understand safety tips and plans for multiple scenarios and situations.

Self-Care for Advocates

1.5 Hour Training

This training will talk about the symptoms and risk factors for burnout and vicarious trauma. We will talk about the importance of self-care and strategies for those who are working with individuals and families experiencing domestic violence including the importance of recognizing the advocates role as helpers.

Teen Dating Violence

1 Hour Training

This training is designed for individuals to take away an understanding of what domestic violence is and is not. Attendees will know how to define domestic violence, types of abuse, and what the cycle of violence is. Attendees will know how to respond to someone who may be experiencing an unhealthy or abusive relationship.

The Abuser as a Parent

1.5 Hour Training

This training will discuss the dynamics of male abusers through a research based lens. We will look closely at the characteristics of the abuser as a parent and the potential implications for children in the home.

Understanding Abusers

1.5 Hour Training

This training is designed for professionals to better understand the dynamics of male abusers through a research based lens. By the end of this training attendees should better understand the question, "Why does he do that?"

Understanding Victims

1.5 Hour Training

This training is designed for professionals to better understand the dynamics of victims of domestic violence. By the end of this training attendees should better understand the question, “Why do victims stay?”

Working with Survivors

1.5 & 3 Hour Training

This training is designed for professionals to be better prepared to work with individuals and families experiencing domestic violence. At the end of the training attendees will know what to say/not say, know what an advocate is and is not through the lens of an empowerment model, and have tools to better serve their clients.