

Suggested Reading on Domestic Violence

General Reading

- Battered Wives
 Del martin
- But I Love Him: Protecting Your Teen Daughter from Controlling, Abusive Dating Relationships
 Jill Murray
- Chain, Chain, Change: For Black Women Dealing with Physical and Emotional Abuse Evelyn White
- Encouragements for the Emotionally Abused Woman Beverly Engel
- Getting Free: A Handbook for Women in Abusive Relationships Ginny NiCarthy
- Helping Her Get Free: A Guide for Family and Friends of Abused Woman Susan Brewster
- I Love a Firefighter: What the Family Needs to Know
 Ellen Kirschman
- In Love and in Danger Barrie Levey
- Mejor Sola Que Mal Acompanada: For the Latina in an Abusive Relationship *Myona Zambrano*
- Naming the Violence: Speaking Out About Lesbian Battering Kerry Lobel
- Not to People Like Us: Hidden Abuse in Upscale Marriages Susan Weitzman
- Police Wife: The Secret Epidemic of Police Domestic Violence Susanna Hope, Alex Roslin





- Saving Beauty from the Beast
 Vicki Crompton & Ellen Zelda Kessner
- Something is Wrong at My House: A Book About Parents Fighting
 Diane Davis
- Surviving a Stalker: Everything You Need to Know to Keep Yourself Safe
 Linden Gross
- Surviving Domestic Violence: Voices of Women Who Broke Free Elaine Weiss
- The Battered Woman Lenore Walker
- The Batterer as Parent: Addressing the Impact of Domestic Violence on Family Dynamics
 Lundy Bancroft
- The Emotionally Abused Woman Beverly Engle
- The Gift of Fear (Stalking)
 Gavin DeBecker
- The Verbally Abusive Relationship: How to Recognize It and How to Respond Patricia Evans
- To Be an Anchor in the Storm: a Guide for Families and Friends of Abused Women Susan Brewster
- When Love Goes Wrong: What To Do If You Can't Do Anything Right Susan Schechter
- When Violence Begins at Home: A Comprehensive Guide to Understanding and Ending Domestic Abuse

J. Wilson

- Why Does He Do That: Inside the Minds of Angry and Controlling Men Lundy Bancroft
- Woman to Woman Sexual Violence: Does She Call it Rape?

 Lori Girshick



Life after Abuse

- It's My Life Now: Starting Over After an Abusive Relationship or Domestic Violence Meg Kennedy-Dugan and Roger Hock
- When Dad Hurts Mom: Helping Children Heal Wounds of Witnessing Abuse Lundy Bancroft
- Healing the Trauma of Domestic Violence: A Workbook for Women Mari McCaig & Edward S Kubany
- The Gifts of Imperfection: Let Go of Who You Think You're Supposed to Be and Embrace Who You Are

Brene Brown

When Things Fall Apart: Heart Advice for Difficult Times
 Pema Chodron

